

Getting Started with Bulletproof Integrity

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As we start

1. On this Forms & Questionnaires page on the Bulletproof Integrity site:
 - a. <https://www.bulletproofintegrity.com/bulletproof-recovery-forms-questionnaires.html>:
 - b. Click on the Coaching or Counseling Consent Form, Introductory Questionnaire and the other quizzes and questionnaires.
 - c. Fill them out, scan them and email them back to me before our first session. Please do not send photos of them.
 - d. If we are meeting in person in Montclair or New York, you can also download the location and instructions on this page. (You can also just bring the Consent Form with you.)
2. If we haven't already decided on an appointment time, contact me to set one up after you fill out the questionnaire.
3. We will spend our first session or two on my getting to know you and your issues better. And of course, I understand we will be deciding if we are a good fit for each other.

Meeting

4. If we are meeting by video conference call, here are the instructions:
 - a. Join from PC, Mac, Linux, iOS or Android: <https://zoom.us/j/6821903843>
 - b. Or iPhone one-tap:
6699006833,,6821903843# or 6468769923,,6821903843#
 - c. Or Telephone (for joining Group Coaching):
Dial: 669 900 6833 or 646 876 9923.
Meeting ID: 682 190 3843
 - d. By the way, this room ID is always the same: 682 190 3843
5. Our group meetings will also be by video conference call.

Payment

6. My fees are \$100 per hour for video sessions, and \$125-175 per hour for in-person meetings.

- a. There are several other options at different fee levels.
 - i. Learn about the Iron, Steel and Titanium levels of support on <https://www.bulletproofintegrity.com/investing-in-your-freedom-from-porn.html>
- 7. I do not take insurance.
 - a. If you are a New York resident, if you wish, I can send you an invoice for you to submit your insurance as an out-of-network practitioner, however.
 - b. You are welcome to read more about this and other matters on my site: <https://www.bulletproofintegrity.com/faqs-for-sex-addiction-recovery-help.html>. Let me know w if you have any questions or concerns.
- 8. I will send you a payment request through PayPal, after our session. You can pay by credit card or through your PayPal account if you have one.
 - a. Please understand that I am not big on clerical things, so I may not always bill you promptly. I apologize in advance. 😊